

# FLAGHOUSE Activity Guide

# Striker!

Item #12868 &14203

*A fast paced striking skills game for grades 4 through high school involving individual and team strategies!*

## What Are the Educational Applications?

Striking an object with an implement or hand is considered to be a fundamental manipulative skill in which force is received from the object and immediately imparted back to the object. Compared to other fundamental manipulative skills (i.e., throwing, catching, rolling a ball), striking is very complex and challenging. To become proficient at striking, your students must coordinate a number of skill components. Side orientation, opposition and follow through are just a few of the skill components found in most fundamental manipulative skills that are necessary for the development of a mature striking pattern. In addition, there are a number of skill components that are specific to any skill that has both a receiving and sending phase such as striking.

Class use of the Striker game enables your students to self practice striking. Tracking a moving object, adjusting body position to the trajectory of the object, selecting an appropriate striking pattern, selecting an appropriate contact spot and controlling the motion of the object are just a few of the components refined by practicing with the Striker game.



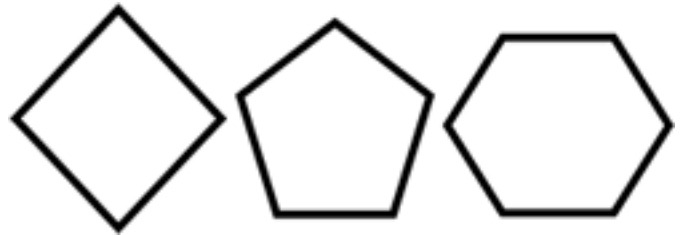
## How Can I Use This Product With My Students?

Striker can be played as individuals or as teams. It is a game that includes striking skills with the hands and defense. You defend your goal and try to score on your opponent's goals in this fast paced game of skill and strategy.

The game can be set up with 4, 5, or 6 sides. Attach the goal banners to the cones in the formation you want to play. Players stand inside the playing field and strike the

foam ball with their hands trying to score goals in any of the opponent's goals.

## Suggested Formations:



A goal is scored when the ball is struck with the hand and the ball goes under the banner between the cones.

A player defends the goal using their hands. Kicking the ball is not permitted.



After a goal is scored, the player that was scored against restarts the game with a hit.

Games are played to 5 goals. The player scoring 5 goals first is the winner of the game and the game restarts from the beginning.

## Striking skills:

- forehand
- backhand
- changing directions
- spinning a ball
- deflecting
- absorption of force
- trajectory

## Other playing options:

- One Goal and Out!-if you are scored on, you leave the game and are replaced by the next player in line. Lines should only be 3 players long to keep the game moving fast.

- 3 Against!-In this game, if 3 goals are scored against you, you lose the game and the game restarts. This brings in a different strategy as to who to attack and who to help.

- Teams-Teams can be played in Striker by having 2 or 3 players playing against the other teams. In a 6-sided game, you can have players (1 and 4) vs. (2 and 5) vs. (3 and 6). This creates a team strategy and a game strategy. Another game could be players 1, 3, and 5 play against players 2, 4, and 6.

**Equipment included:**

- 6 Striker Banners
- 1-7" foam ball
- Teacher's Guide
- 6-18" Cones (optional)



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